

Morning Watch 5K

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age
1	OWEN NEWSOME	CLEMMONS, NC	5K	261	00:20:31.41	06:36	9.1mph	M	14
2	JONATHAN ALEXANDER	CLEMMONS, NC	5K	254	00:26:33.84	08:33	7.0mph	M	33
3	DARLENE BOHON	WINSTON-SALEM, NC	5K	268	00:26:36.86	08:33	7.0mph	F	60
4	ROBIN BOYD-KRANIS	CLEMMONS, NC	5K	275	00:27:26.86	08:50	6.8mph	F	53
5	SEAN DONAHUE	CLEMMONS, NC	5K	266	00:27:36.31	08:53	6.8mph	M	24
6	SUSAN DONAHUE	CLEMMONS, NC	5K	240	00:28:18.41	09:06	6.6mph	F	52
7	BRIAN WALSH	CLEMMONS, NC	5K	273	00:28:28.43	09:09	6.5mph	M	49
8	ALECIA JULIAN	KERNERSVILLE, NC	5K	257	00:28:35.16	09:12	6.5mph	F	25
9	BROOKE REUTINGER	CLEMMONS, NC	5K	260	00:29:25.95	09:28	6.3mph	F	16
10	ERIC GIBBS	CLEMMONS, NC	5K	247	00:29:39.02	09:32	6.3mph	M	68
11	LISA MATTHEWS	WINSTON-SALEM, NC	5K	249	00:29:57.88	09:38	6.2mph	F	40
12	KELLY FORREST	LEXINGTON, NC	5K	259	00:30:04.14	09:40	6.2mph	M	54
13	MADELINE COMER	GASTONIA, NC	5K	252	00:31:15.13	10:03	6.0mph	F	24
14	WALLY OTTI	ADVANCE, NC	5K	267	00:32:36.66	10:29	5.7mph	M	68
15	RONALD HANSON	WINSTON-SALEM, NC	5K	265	00:33:33.07	10:47	5.6mph	M	74
16	SUMMER BURCHETT	CLEMMONS, NC	5K	251	00:35:11.76	11:19	5.3mph	F	10
17	AL BURCHETT	CLEMMONS, NC	5K	239	00:35:26.45	11:24	5.3mph	M	72
18	SHERRY STUMP	LEWISVILLE, NC	5K	269	00:37:10.28	11:57	5.0mph	F	61
19	CHRISTY FORREST	LEXINGTON, NC	5K	258	00:40:34.52	13:03	4.6mph	F	48
20	MELINDA COMER	RALEIGH, NC	5K	255	00:45:06.70	14:31	4.1mph	F	48
21	AMY SPEAKS	LEWISVILLE, NC	5K	274	00:56:18.13	18:07	3.3mph	F	50
22	SUSAN SPEAKS	LEWISVILLE, NC	5K	253	00:56:21.97	18:08	3.3mph	F	22
23	TAYLOR MOSELEY	HIGH POINT, NC	5K	271	00:59:51.13	19:15	3.1mph	F	25
24	TYLER SPOTTS	HIGH POINT, NC	5K	272	00:59:53.05	19:16	3.1mph	M	25
25	ALYSSA MORRIS	GASTONIA, NC	5K	262	01:02:20.07	20:03	3.0mph	F	26
26	CLAIRE ROESS	BELMONT, NC	5K	263	01:02:22.03	20:04	3.0mph	F	27