

# PRE-CCC SESSION

Devo, Stuff to Bring, Safety, First Aid, Mental Health  
(Estimated time 1 hour)

The purpose of this session is for your group to get to know each other a little better and share WHY you are going. This meeting will also be a valuable time for you to communicate important information about your week at HOME. Below is a suggested outline for your meeting.

- Have everyone sign in, so you know who is there and who is missing and will need the handouts given to them.
- Hand out Parent/Student packets to each participant.
- Who is going to CCC from your group? Get to know each other. Ask each person to introduce themselves and share why they feel like they are supposed to be going to CCC HOME this summer? Why are they excited? Why might they be nervous?
- Go over the devotion provided. This is a wonderful way for your group to discuss where they stand in preparation for the trip. Whether it's someone's first mission trip, or their tenth time, this lesson will help level the playing field and help your group grow together and share openly.
- Go over Safety, First Aid and Mental Health information provided.
- Go through the Parent/Student Packet with your team members.

# TEAM DEVO

## 1 CORINTHIANS 9:19-23

### Lesson Overview

So, we're just meeting people? You want me to just talk to them? I don't know what to say to the people in Asheville... Honestly, sharing Jesus can be hard. We might not know the right things to say, but looking at 1 Corinthians it looks like we need to become the people we are serving. But how? And why? Verses 22-23 say, "so that we might tell some about the gospel of Jesus Christ." The only way to share Jesus effectively is becoming someone's friend. The only way to become friends with someone is to get to know them. Ask questions, talk about their families. Take yourself from being the average hardworking adult, or the average teenager, and become a reflection of Jesus. It might mean that we have to lay down our rights, and take up the cross of Jesus, and entrust our rights to His keeping.

### Lesson Objectives

WHAT: Becoming friends with the people we serve.

WHY: So that we might share the gospel with them.

HOW: Moving from being scared to talk to people to being empowered by Jesus.

### Scripture

Read 1 Corinthians 9:19-23

**Take time to read through this release of rights. Some or all of these might be really difficult for you, but for a week this summer consider giving up control to God.**

### RELEASE OF RIGHTS

We live in a world that is full of rights. Our particular culture is one where we take pride in our rights. As a matter of fact, the rights of individuals are constitutional but as we see the demanding of individual rights increase, we see much of the moral fiber of our society decrease. Our Lord Jesus Christ laid down his rights and all His glory, to the heavens, to become a man and to serve, not to be served. (Phil 2:5-11 and Mark 10:45)

We ask you to consider laying down your rights on this week. Not to lay them down for better or for worse, but to entrust them to the Lord or transfer the responsibility of them to a place of safe keeping. These rights may seem unreasonable but in a week of mission work could cause dissension. Would you take time to search your heart and willingness to surrender your rights to the Lord? (Romans 12:1)

#### I GIVE UP MY RIGHT TO:

- A comfortable bed
- Dressing fashionably
- Seeing results
- Control of myself
- Control of others
- Control of circumstances
- Having pleasant circumstances
- Making decisions
- Taking up offense
- Being successful
- Being understood
- Being heard

#### I ENTRUST TO GOD:

- My strength and endurance
- My security in Him
- His purpose and fruit in His timing
- My need for His Spirit control
- His workmanship in others
- My circumstances and making me Christ-like
- The privilege of suffering for His sake
- His sovereign hand in my life
- My deepest needs
- My security in His love
- My reputation
- My need for recognition

# TEAM DEVO CONT.



When we visit these people in Asheville we are their guest. We have been joyfully invited into their community. We don't have all of the answers to their problems, we are not better than them in any way, we are guests entering their space. What type of guest are you? If you are in one of the first three categories, what is it going to take to get you to the fourth?

## 4 Types of Guests

<b>INSULATED</b>	<b>INTERESTED</b>	<b>INVOLVED</b>	<b>INTEGRATED</b>
Stays by self / group	Only interacting with very few	Open and friendly to all	Having conversations where they share openly and listen well
Laughs at differences	Polite in new situations; Is sensitive	Asks good questions	Ask good questions and seeks to fully understand
Hangs out close to leaders and uses hand sanitizer often	Will learn names and take pictures	Learns about the lives of our hosts and is in the middle of whatever we are doing	Dirt all over at end of day from working; Has deep conversations; Prays with those hurting
Does devotions but never shares	Does devotions and shares thoughts	Participates in group discussions and seeks to add value to talks; prays for teammates and new friends	Begins to ask questions not posed in devotions; seeks to see what God may want them to see in the everyday interactions

**COMMITMENT:** I give God permission to do anything He wishes to me, with me, in me, or through me that would glorify Him. I am also committing to faithfully participate on a CCC team. I understand that requirements of serving on this team will be to help with team development and preparation for departure. This will involve completing the requested Bible Study, raising costs or personal expenses, and other activities. I also understand that throughout the time of our camp, I will be supportive of leadership and other team members, assume the best about others, remain flexible and be a blessing.

**(Signed)**

**(Date)**

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# SAFETY, FIRST AID & MENTAL HEALTH

Please note that you are responsible for relating this information to your students and adults.  
A First Aid Manual is available to adults in camp and all our CCC staff are certified in First Aid & CPR.

## The Buddy System - We're SERIOUS ABOUT It, folks

Asheville is a big city and you will be spending the week in the heart of downtown. Like most urban settings, there are people who live, work and shop, there are visiting tourist, and there are transient people. There are stop lights, street signs, street vendors, shops...All vying for attention. It is easy to get distracted in the big city. At CCC HOME we spend most of our time in this exciting environment and every moment of the day and evening has a purpose. We ask that you stay focused on the purpose of the activity--whether it be serving water or ice cream in the park or free time with your small group to grab an ice cream cone. There will be designated time for some shopping and exploring but only when designated. Both adults and students should always be in pairs or with the group at all times when out in the community serving or at the Haywood Street Church. Always! If ever in doubt as to where you are to be and with whom, ask a staff member or adult. Wandering off will not be tolerated and anyone violating this rule will be sent home. Adults should always know where students are at all times and students are responsible for communicating with staff and adults

More specific safety information will be given during orientation in Asheville on Sunday as you begin your week, but the understanding of the buddy rule is primary to everyone having a focused, fun and safe week of missions in Asheville.

## FIRST AID

You have full access to our First Aid information at <https://sites.google.com/a/carolinacrossconnection.org/projectmanual/xiii-first-aid>

You can cover as much First Aid as you'd like but we would ask that your students come to camp with a good understanding of how to effectively handle the following things:

- Ticks (How to identify and remove them, and warning signs after a bite)
- Bee Stings/Bug Bites (How to treat them)
- Heat-related issues (Heat exhaustion/stroke, staying hydrated)
- Scrapes/Cut (How to clean and bandage them)

## MENTAL HEALTH

According to the [National Alliance to End Homelessness](#), over 640,000 people experience homelessness on any given night in the U.S. About 26% of homeless adults suffered from some form of mental illness and about 62,000 or 13% of all homeless persons are veterans. Veterans are a specific demographic when it comes to homelessness and often experience homelessness because of disabilities caused by their experience on the battlefield. Physical injuries, post-traumatic stress and mental suffering are just a few of the wartime after effects that drive the population of homeless veterans. In Buncombe County (where we will be serving), it is estimated that 38% of the homeless are veterans.

Your adults and students may or may not have any experience with people dealing with the stress of homelessness and/or mental illness. Having conversations and making friends with veterans and those with mental illness is an important part of CCC HOME's mission and ministry all summer long. Rest assured, your group will go through orientation on Sunday of your camp week with our staff and with the staff at our partnering organizations. Any extreme situations are usually handled by those folks, but you may be interested in sharing information about Mental Health First Aid with your group, which is available online at:

<https://sites.google.com/a/carolinacrossconnection.org/projectmanual/xiv-mental-health-crisis->